



# Woodroffe Chiropractic Clinic

& MASSAGE THERAPY

## CONFIDENTIAL CASE HISTORY

Your answers will help us determine if our care can help you. If we do not believe your condition will respond satisfactorily, we will not accept your case but will work to refer you to the appropriate health care provider. If you need help with this form, please do not hesitate to ask us.

DATE: \_\_\_\_\_

## PERSONAL INFORMATION

Name: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

How do you wish to be addressed in our office?  First Name  Mr.  Mrs.  Ms  Miss  Dr.

Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Business \_\_\_\_\_

Date of Birth: yy\_\_mm\_\_dd\_\_\_\_ Cell Phone \_\_\_\_\_

Employer: \_\_\_\_\_ Address: \_\_\_\_\_

Occupation: \_\_\_\_\_

Spouse/Partner's Name: \_\_\_\_\_ How many children do you have? (Age and Gender)

Who may we thank for referring you to our office? \_\_\_\_\_

How did you hear about us? If it was "Google", tell us what you typed as a search term. \_\_\_\_\_

## OTHER PROVIDERS

Have you consulted a chiropractor previously? Y N Chiropractor's Name: \_\_\_\_\_

When was your last visit? \_\_\_\_\_ What was the problem? \_\_\_\_\_

Was the experience a good one? Yes No

Family Doctor's Name: \_\_\_\_\_ Address: \_\_\_\_\_ Tel: \_\_\_\_\_

## REASON FOR CONSULTING OUR OFFICE

### Stress Symptoms

- Headache/Migraine
- Dizzy
- Ringing in ears
- Blurring of vision
- Poor concentration
- Loss of sleep
- Depression
- Decreased energy
- Irritability

### Females Only!

- Painful menses
- Irregular menses
- Fibroids

### Muscle/Joint/Bone

- Backache
- Neck pain
- Arm/hand pain or tingling
- Leg/foot pain or tingling
- Tension/pain in shoulders
- Scoliosis
- Osteoporosis
- Osteoarthritis

### Digestive

- Gall bladder pain
- Heartburn
- Constipation
- Loose stool
- Stomach pains

### Neurological

- Seizures
- Fainting
- Convulsions
- Loss of balance
- Vertigo
- Tremors

### Ears Nose Throat

- Earache
- Sinus trouble
- Chronic runny nose
- Allergies
- I am a smoker
- Cancer in my history
- Cancer in my family

### Cardiorespiratory

- Asthma
- Chest pain
- COPD
- Emphysema
- Chronic cough
- Heart palpitations
- Racing heart
- High blood pressure
- Stroke / Heart attack

### Genitourinary

- Painful voiding of bladder
- Blood in urine
- Urgency
- Enlarged prostate

List any prescription drugs you are taking. \_\_\_\_\_

Are you pregnant? Circle one. Yes No

I hereby consent to a hands-on physical examination. I also certify that the information I have provided is true and complete.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

**1. Pain Intensity**

No pain    Mild pain    Moderate pain    Worst possible

**2. Sleeping**

Perfect sleep    Mildly disturbed sleep    Moderately disturbed sleep    Greatly disturbed sleep    Totally disturbed sleep

**3. Personal Care (washing, dressing, etc)**

No pain, no restrictions    Mild pain but no restrictions    Moderate pain: moving slowly    Moderate pain: need some assistance    Severe pain: need 100% assistance

**4. Travel (driving , riding bus etc.)**

No pain on long trips.    Mild pain on long trips.    Moderate pain on long trips    Moderate pain on short trips.    Severe pain on short trips.

**5. Work**

Can do usual work plus unlimited extra work.    Can do usual work but no extra work    Can do 50% of usual work    Can do 25% of usual work    Cannot work

**6. Recreation**

No pain    Mild pain    Moderate pain    Worst possible

**7. Frequency of Pain**

No pain    Occasional pain: 25% of day    Intermittent pain: 50% of day    Frequent pain: 75% of day    Constant pain 100% of day

**8. Lifting**

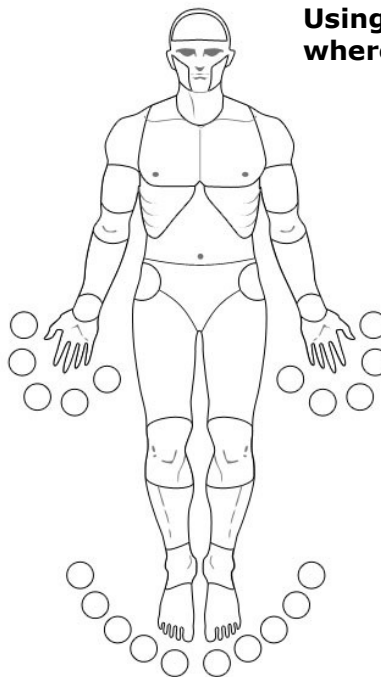
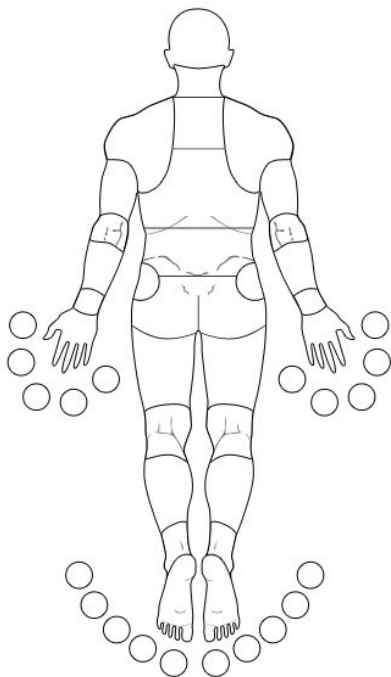
No pain w/ heavy weight    Increased pain w/ heavy weight    Increased pain w/ moderate weight    Increased pain w/ light weight    Increased pain w/ any weight

**9. Walking**

No pain any distance    Increased pain after 1 km    Increased pain after 1/2 km    Increased pain after 250m    Increased pain all walking

**10. Standing**

No pain after several hours    Increased pain after several hours    Increased pain after 1 hour    Increased pain after 30 min    Increased pain w/ any standing



**Using a pen, carefully show us where your symptoms are.**



Woodroffe Chiropractic Clinic

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(613) 224 8543

## **INFORMED CONSENT TO EXAMINATION AND X-RAY**

I hereby request and consent to the performance of a Chiropractic, Orthopaedic, and Neurological examination and diagnostic x-rays (if required) which will determine if Chiropractic can help me. I understand that in some cases, the examination may aggravate my present condition.

NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

### **FOR WOMEN ONLY:**

Date of last period? \_\_\_\_\_ Are you pregnant?  YES  NO  MAYBE

## **INFORMED CONSENT TO CHIROPRACTIC ADJUSTMENTS AND CARE:**

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and, if necessary, custom foot orthotics or subsequent diagnostic x-rays, on me by the doctor of chiropractic and/or anyone working in this clinic authorized by the doctor of chiropractic.

I have had an opportunity to discuss with the doctor of chiropractic and/or with other office or clinic personnel, the nature and purpose of chiropractic adjustments and other procedures. I understand that the results are not guaranteed.

I further understand and am informed that, as in all health care, in the practice of chiropractic there are some very slight risks to treatments, including, but not limited to, muscle strains and sprains, rib fractures, disc injuries and stroke. I do not expect the doctor to be able to anticipate and explain all risks and complications. I wish to rely on the doctor to exercise judgment during the course of the procedure, which the doctor feels at the time, based upon the facts then known, and is in my best interests.

I have read the above consent for chiropractic adjustments and care.

**I HAVE ALSO HAD AN OPPORTUNITY TO ASK QUESTIONS ABOUT ITS CONTENT, AND BY SIGNING BELOW, I AGREE TO THE ABOVE NAMED PROCEDURES.**

I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

\_\_\_\_\_  
PATIENT'S NAME (please print)

\_\_\_\_\_  
SIGNATURE OF PATIENT (or parent/guardian)

\_\_\_\_\_  
DATE SIGNED

\_\_\_\_\_  
WITNESS TO SIGNATURE ABOVE

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